

I like the opportunities I have at Dudley Mind to be involved in decision-making through the service user involvement team and the leisure forum.

- John Chapman

How many people have interviewed for a new Chief Executive? I've had that responsibility. There aren't many services where you get a chance like that.

- Clive Vanes

Dudley Mind is committed to promoting equality and diversity and wants service users from all sections of the community to be involved, regardless of ethnic background, gender, religion, disability, or sexual orientation.

For all enquires about how to become involved in the running of Dudley Mind, please call the service user co-ordinator on 01384 442938

...how you can
make a
difference



For further information or to apply for this service, please ring the number below or visit our website.

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**Working in partnership with
Dudley MBC and Dudley PCT**



**Dudley Mind
Service User
Involvement,
Participation
&
Leadership**



**For better mental
health**

Regd. Charity No. 1002257
Incorporated under the 1985
Companies Act No. 2533622

Service User Involvement, Participation and Leadership: What is It?

At Dudley Mind we know that the only way to ensure our services are right for our service users is by involving them in decision making at all levels. Involvement is not just about being asked your opinion: it is about us deciding and acting together.

Involvement

Everyone who uses a Dudley Mind service is involved in planning their support during their assessment meeting, recovery planning, risk management and regular recovery plan reviews.

Participation

All Dudley Mind service users are invited to attend monthly service user involvement (SUIT) meetings and receive the minutes. There are also lots of different programmes that run regularly that all service users are invited to participate in.

Leadership

There are places reserved for service users on Dudley Mind's Board of Trustees, which involves making decisions at the highest level.

How can I participate?

Getting involved is not always just about attending SUIT meetings - we run many different specialist involvement programmes, including some paid opportunities. You will always receive appropriate training and support to ensure that we make the most of your expertise and that you are fully equipped to participate effectively and safely.

Service user interviewers

When we interview for new staff we always have a service user on the selection panel.

Service user researchers

We have a team of trained service user researchers who carry out our satisfaction surveys, including setting questions and carrying out interviews with other service users.

Focus groups

Service users advise on Dudley Mind's policies, procedures and information resources such as this leaflet.



Leisure Forum

A service user-led group that organises outings and holidays.

Newsletter Group

Service users write and edit our quarterly newsletter.

I'd like to put my views forward but don't like meetings - can I still be involved?

Yes. You can always ask another service user, your support worker or the service user involvement co-ordinator to put forward your views and ideas for you. The service co-ordinator can visit you in your home if you wish to discuss anything.

Do I have to participate in service user involvement activities to receive support?

No. Apart from doing your recovery plan, all involvement work is completely voluntary. We understand that many people are happy to just receive their support and do not wish to get involved further. We also know that people may want to get involved at different levels at different times. We will always work with you to tailor your level of involvement to what is right for you.